

Leadership Masterclass

World-class training programme for your team



POWERUP SCHOOL

*Commitment to
excellence as a
training partner*

ABOUT POWERUP SCHOOL



Powerup School is on a mission to help professionals perform better at work through world-class training programmes in negotiation and leadership based on the latest research and delivered by recognised experts.

Our commitment to excellence as a training partner has enabled us to gain the continued trust of some of the most respected organisations. We take pride in delivering impactful training programmes that bring value to our clients.

Leadership Masterclass

The Leadership Masterclass is designed to **help professionals excel as leaders, drive exceptional team performance and increase employee retention.**

Pragmatic, this programme equips professionals with a raft of new leadership skills, techniques, and tactics that they can readily implement daily to bring the best out of their team.

Each workshop contains interactive activities including self-assessments, a 360 interview, leadership scenario role plays, multimedia case studies.

The programme consists of three two-hour workshops which can be held in your offices, an off-site or online, available in both English and French.

Workshop 1: “Leadership Mindset: Building greater self-awareness & taking responsibility for our own experiences”

Building self-awareness

- The most important model for the Conscious Leader
- Karpman’s Drama Triangle ⚡

Strategies for shifting from reaction to creation

- 5-step process of self-enquiry ⚡
- 2 tools for reducing emotional charge

Key activities: Case study, Eliminate Judgement Worksheet, Group Discussions

Workshop 2: “Leadership Behavior: Learning the master keys to impact, influence and inspire others”

Self-assessment in 7 key leadership traits

- 5 behaviors that promote trust, inclusion & alignment ⚡
- Jim Collins’ leadership attributes

Creating inspiration & loyalty around you

- The Golden Rule of Leadership ⚡
- The secret power of caring

Key activities: Self-assessment, Values Elicitation Questionnaire, pair work

Workshop 3: “Team Dynamics: Creating leaders, not followers”

Generating a growth environment

- Sanford’s Theory of Challenge and Support applied to leadership ⚡
- Reflection on your current leadership style

Coaching your team

- 3 steps to delegating thoughtfully
- Methodology for giving feedback ⚡

Key activities: Leadership Style Assessment, 360 interview, Effective Delegation Worksheet

ABOUT THE TEACHER



Ben Depraz-Brennkmeijer is an outstanding Executive Coach. Until March 2023, Ben was a Partner and the Head of the Coaching Division at iDiscover 360, a cutting-edge educational institute and business consultancy based in London, which explores human development and human potential.

For over seven years, Ben has worked with a wide range of C-level executives, business founders and emerging leaders in organisations, and has helped hundreds of individuals with leadership challenges such as building self-awareness and identifying purpose, growing confidence, presence and resilience, and developing influence and emotional intelligence.

Ben holds a double MSc in Corporate and Public Management from HEC Paris and Sciences Po Paris and has worked in the investment banking arm of HSBC in London before making a career reinvention in coaching.

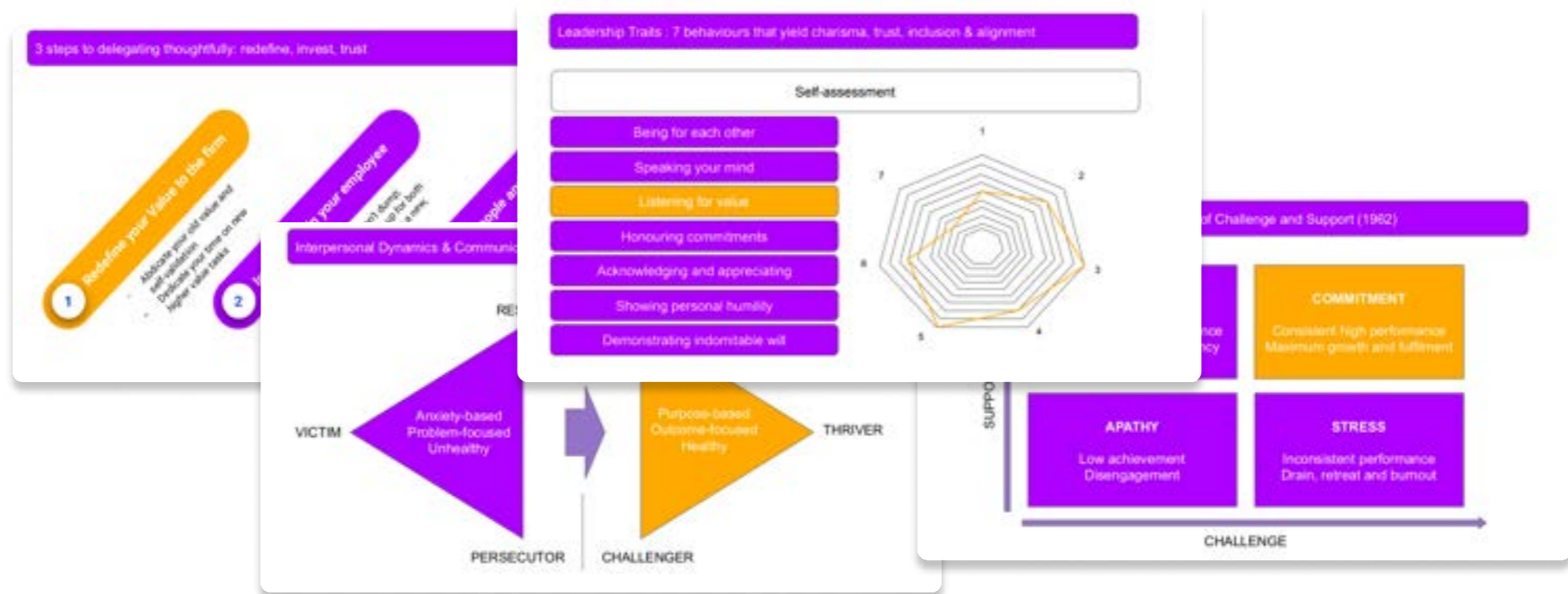
He has trained in and continues to study a wide variety of fields related to human wellbeing and performance, including CBT, hypnosis, neurolinguistic programming, humanistic philosophy, theology, sales and leadership.



SciencesPo

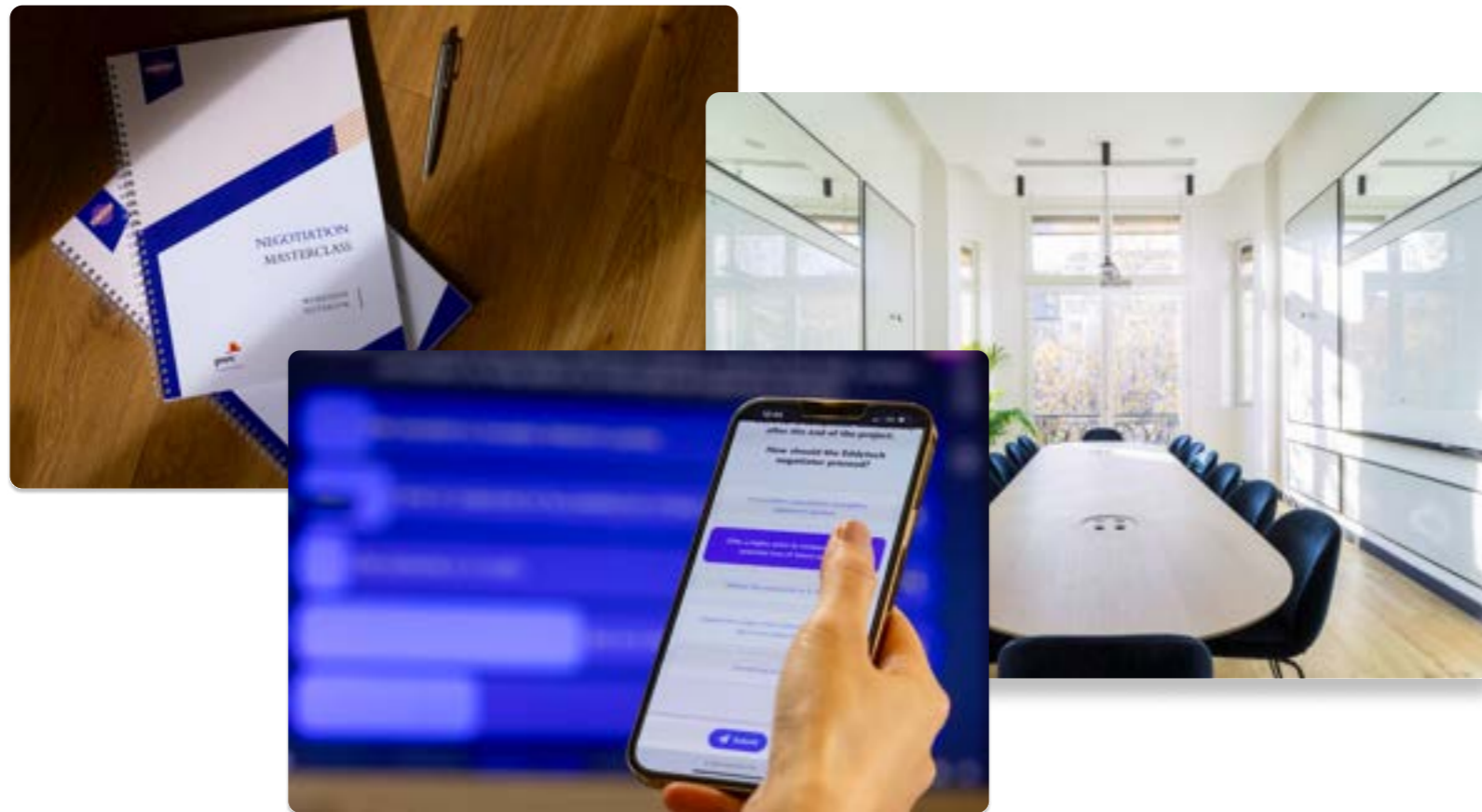
SKILLS TO DRIVE TEAM PERFORMANCE

We provide an indispensable set of essential skills that are instrumental in cultivating effective leadership, ultimately boosting team performance. Our programme integrates well-established leadership tools rooted in the realms of psychology, cognitive science, neurolinguistic programming, logotherapy, and business management. By honing these skills, teams can achieve outstanding performance and experience a substantial increase employee retention.



AN EXCITING LEARNING EXPERIENCE

Our workshops held by passionate teachers are dynamic and highly interactive. We bring teachings to life with our **proprietary content** which includes videos, captivating role plays, insightful case studies and workshop books. As an innovative school, we use the latest digital tools to boost engagement, enabling all participants to actively participate.



PROGRAMMES LOVED BY PARTICIPANTS



“Ben is an exceptional and accomplished coach, with a real desire to serve.”

“Ben strikes a delicate balance of challenging me whilst offering a supportive ear, which has led to me developing a far stronger self-awareness, allowing me to lead with confidence and empathy.”

“Having experienced his transformative workshop with my YPO forum in 2022 and benefiting from his mentorship during my participation in an iDiscover360 programme in 2023, I cannot emphasize enough how exceptional Ben is as a person and a professional. Under his guidance, I gained invaluable perspective and experienced profound professional development.”

“Ben has fundamentally changed my outlook on life, providing a framework to improve performance and build self-awareness.”

CONTACT US



We remain available to answer your questions.
Contact us at hello@powerup.school
website: www.powerupschool.com